

Update on CFR Training Materials (07.10.2021)

The International Liaison Committee on Resuscitation (ILCOR) published revised guidelines in October 2020. These guidelines, available from www.ilcor.org, include recommendations in the practice of cardiopulmonary resuscitation (CPR). In line with ILCOR 2020 recommendations, PHECC has published new [clinical practice guidelines](#) (CPGs). Like before, the 2021 CFR training package comprises a training video, training manuals and evidence-based CPGs. It supports a national standard for CPR in Ireland.

2021 CFR training materials - What's new?

As there were no substantive changes to ILCOR's 2020 recommendations, the 2021 CFR Clinical Practice Guidelines (CPGs) are unchanged. As a result, there was no changes made to the CFR Community or CFR Advanced courses. Furthermore, there is no 'Instructor update/upskilling' required.

Student handbook and Instructor manuals. The updates to the student handbooks and the instructor manuals were minor (style amendments, dates corrected, and some references removed or replaced). The latest CPGs are included in the updated books which are denoted by the year "2021" on the cover. The price to purchase CFR student handbooks is the same and can be purchased from the [Online shop](#). Handbooks purchased and distributed recently remain valid as the content of the CFR course did not change. The CFR Instructor pack has been discontinued, instead the CFR instructor manual is available to purchase for €5 via the [Online shop](#)

The CFR instructional video. The CFR instructional video was previously released in USB and DVD format, these production formats have been discontinued. PHECC has developed a new HTML5 file format and it is grouped as a zip file for download. After the zip file is downloaded the HTML5 can be extracted, saved and then played on any Windows or Mac PC or laptop.

It is important to note that CFR and FAR certificates issued to persons who successfully completed their course using the 2016 CFR learning materials remain valid.

Frequently asked questions

Q1: How or where do I get the newer file format (HTML5) for the CFR Instructional video?

A: You need to contact the Approved Training Institution/Recognised Institution that you teach on behalf of and request a copy of the download link. This new format can be downloaded and run on any browser running HTML5.

Q2: I am a CFR/FAR Instructor, and the CFR video is working well for me, do I need to change over to the new HTML5 format?

A: There is no change to the content of CFR course in the newer file format. CFR Instructors can continue using the video on a DVD or USB as long as your computer is compatible. The new file format is only for instructors with new laptops that don't have DVD drives and/or when the software doesn't support flash.

Q3: I have been given access to the CFR video link, what do I do next?

A: Instruction to extract, save and play the video – see [link](#).

Q4: There is a new submersion incident CPG in the CFR Advanced handbook. What does that mean for teaching the CFR A course?

A: This is provided for information purposes only in the CFR Advanced handbook. During 2021, there was no change to the content of the CFR Advanced Education and Training Standard or of the CFR Advanced course.

PHECC Update 07 October 2021